



Anything that is important to you and your needs can be included in the transition.

Self-management of your condition. This may include teaching you about your condition and how to manage it as well as treatments and treatment options available.

Attending clinic appointments on your own or part of the clinic appointment on your own and being involved in making informed decisions about your care.

Attending a joint clinic appointment with your Paediatric Bladder and Bowel Care Nurse to meet with your Adult Bladder and Bowel Care Nurse.

Discussing how your bladder and bowel condition could impact and be managed within your educational or work environments, as well as the impact it may have on your daily tasks, social activities, relationships and emotional wellbeing.

If you currently receive incontinence pads through the Home Delivery Service, you will continue to receive your current supplies until you are reassessed by the Adult Bladder and Bowel Care Team. They may need to make some changes to your products to bring them in line with the guidelines for the Provision of Incontinence Products for the Adult Population. Your patient ID number for home delivery is also likely to change when moving to the Adult Bladder and Bowel Care Service.

If you have any questions or comments about transition, please contact your Paediatric Bladder and Bowel Care Team on 01392 208044 or email us at ndht.pbbc@nhs.net

Useful links

www.bladderandboweluk.co.uk

www.eric.org.uk

PALS

