

If you are diabetic and taking insulin, do not take your insulin until you are able to start drinking again and then only have half your normal dose.

After taking the capsule

Do not eat or drink anything for 2 hours after swallowing the capsule.

After 2 hours you will be able to drink clear liquids.

After 4 hours you may have a light lunch and continue drinking clear liquids.

After taking the capsule and until it is excreted, you should not be near any powerful electromagnetic fields such as one created by an MRI scanner or amateur radio transmitter.

Capsule Endoscopy lasts approximately 8 hour. You do not have to remain in the hospital during this time.

Do not disconnect the equipment or remove the harness at any time during this period.

The data recorder is a small computer and should be treated with the utmost care and protection. Avoid sudden movement and banging of the data recorder.

You need to return to the Gemini Suite 8 hours after ingesting the capsule to have the equipment removed. This is a quick process and should only take a few minutes.

After the equipment has been removed you may return to your normal diet.

It is important to contact the unit immediately if you suffer from any abdominal pain, nausea or vomiting during or after Capsule Endoscopy.

Contact number: **01271 349180**

Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careu

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