



Following your Gastroscopy and Oesophageal Dilatation with sedation

Gemini Endoscopy Suite
Tel: 01271 349180

Other formats

After your gastroscopy a responsible adult must collect you and stay with you for at least 12 hours, because you will be drowsy from the medication you have been given. Small amounts of sedation will remain in your body for up to 24 hours. During this period, although you may feel wide-awake you will still be under the influence of the sedation. Your concentration and co-ordination may be impaired and you may feel light-headed or faint.

Sedation can impair your reflexes and judgement

It is for these reasons that for **24 hours after your procedure** you:

Go home and take complete rest for the remainder of the day and have a quiet day tomorrow

Must not drive a car (your car insurance is invalid for the 24 hour period)

Must not ride a motorbike or bicycle

Must not operate any machinery or electrical items, e.g. kitchen appliances

Must not drink alcohol

Must not take any sleeping tablets

Must not sign any legally binding documents

Do not bath or shower

Must not work

During your gastroscopy procedure today, you have had a narrowing in your oesophagus stretched, using an inflatable balloon. This is to enable you to eat and drink again. Usually the nurse in recovery will check your swallowing with sips of cold water. T

A nurse will speak to you before you leave the Gemini Endoscopy Suite and explain:

what was seen and done during your procedure

whether you will need any further follow up

that a

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or e-mail ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

Northern Devon Healthcare NHS Trust
Raleigh Park, Barnstaple
Devon EX31 4JB
Tel. 01271 322577
www.northdevonhealth.nhs.uk

© Northern Devon Healthcare NHS Trust
This leaflet was designed by the Communications Department.
Please contact 01271 313970 to help us improve our leaflets