

# Neurology Patient-Initiated Follow-Up (PIFU)

PIFU direct tel: 01271 311585 Monday – Friday, 8am – 4pm (excluding Bank Holidays)  
Email: rduh.neurology-northern@nhs.net

## What is Patient-Initiated Follow-Up (PIFU)?

Patient-initiated follow-up (PIFU) puts you, the patient, in control of when you are supported by the neurology team. It means spending less time attending hospital appointments, but still having access to specialist clinical input when you need it.

If your condition is stable, you may not find it helpful to attend regular outpatient appointments scheduled by the hospital. Sometimes, these appointments may not result in any change to your treatment, but you'll have spent time and energy putting arrangements in place to attend your appointment. Your condition may change or your symptoms may cause trouble in between regular booked appointments, and it's at this point that our input is most useful. With PIFU, you can get advice from your clinical team, who may suggest an appointment is required.

You initiate the follow-up assessment, instead of the hospital. Which is why this process is called patient-initiated follow-up (PIFU).

For all other concerns, or if you are f dW\*nBT0 g/TT0 12 Tf200 318.77 Td(-)TjET@rn5tiEMC (Span A

PIFU is not a replacement for urgent medical advice. If you require urgent medical advice, you should contact your GP, NHS 111, your local walk-in centre or, if you are really unwell, your local Emergency Department (A&E)

## **How will I book a patient-initiated assessment?**

## **PALS**

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email [rduh.pals-](mailto:rduh.pals-)