- 3. Gently pull down the lower eyelid of the good eye with your finger
- 4. Instill one drop of one single use minim into the area between the eyeball and the lower eyelid then discard
- 5. Release the eyelid
- 6. Press gently on the inner corner of the eye for one minute. This will avoid the solution draining away into the nose and being swallowed and then absorbed into the body
- 7. Wash your hands after instilling atropine if you accidently get some in your own eye, it will have the same effect!
- 8. Repeat the procedure twice a week at approximately the same time on both days, or daily as instructed. If you should run out of the atropine drops, contact the Orthoptic Department at NDDH (numbers at the end of this leaflet)

Continue the treatment until your next orthoptic appointment.

## Mci f 'lf YUha Ybhd'Ub

Atropine 1% eye drops Page 2 of 4

## It is also important that you:

Do not use atropine beyond the expiry date

Do not use it after it has been opened for more than four weeks

Store the atropine in a dry place, away from strong light and at room temperature. Dispose of any unused atropine safely.

## K\UhUfY'l\Y'UhYfbUh]j Yg3

Alternative treatment is by conventional patching, eg wearing a sticky or material patch on the good eye for an agreed number of hours per day.

If treatment is not carried out, the sight will remain reduced or even deteriorate further as it is lack of prop

treatment should be carried out before the child reaches seven years of age. Treatment may not work after the age of seven.

## Dcgg]V`Y'g]XY!

Atropine 1% eye drops Page 3 of 4

Your child may want to hold books closer and their handwriting may be less neat than usual.

Atropine 1% eye drops Page 4 of 4