

An Orthoptist is someone specially trained to test eyes. Adult orthoptic examination often involves the assessment of double vision (diplopia) or an eye muscle problem. The assessment will normally take place at North Devon District Hospital in the eye outpatients department and can take up to an hour to complete.

You may have been referred to an Orthoptist because you are having symptoms such as double vision, ghosting or blurred vision.

Your Orthoptist will ask questions about symptoms you have and how long they have been present.

He/she will then check your vision and assess your eyes to check for any imbalance in the muscles that control your eye movements.

If you have double vision (diplopia), the Orthoptist will try to join the double vision by using temporary prisms on your glasses. If this is not possible then sometimes one lens of your glasses will be covered over.

It may also be necessary for you to see an Ophthalmologist (a doctor specialising in eyes) as further tests may be required. You might see the Ophthalmologist on the same day but sometimes it is not.

If there is anything further you would like to know, please do not hesitate to contact the Orthoptic Clinic.

Tel: 01271 322469

Fax: 01271 311715

British and Irish Orthoptic Society
www.orthoptics.org.uk

Squint Clinic
www.squintclinic.com

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as