



## Skin

White and soggy skin

Small spot like blisters

Cracking, flaking, peeling or blistering of the skin, which may become painful and bleed.

## Help available

Your pharmacist will be happy to advise you on the range of over-the-counter treatment options that are available to you.

## Further information

For further advice and information, please contact an HCPC registered podiatrist at your local clinic.

### Local podiatry contact details

#### North:

Email: [rduh.podiatry@nhs.net](mailto:rduh.podiatry@nhs.net)

Tel: 01271 341509

#### East:

Email: [rduh.podiatryappointments-eastern@nhs.net](mailto:rduh.podiatryappointments-eastern@nhs.net)

Tel: 03452 667772

## PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern, please contact:

### PALS Mid Devon, East Devon and Exeter

call 01392 402093 or email [rduh.pals-eastern@nhs.net](mailto:rduh.pals-eastern@nhs.net). You can also visit the PALS and Information Centre in person at the Royal Devon and Exeter Hospital in Wonford, Exeter.

### PALS North Devon

call 01271 314090 or email [rduh.pals-northern@nhs.net](mailto:rduh.pals-northern@nhs.net). You can also visit the PALS and Information Centre in person at the North Devon District Hospital in Barnstaple.

## Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

Tell us about your experience of our services. Share your feedback on the Care Opinion website [www.careopinion.org.uk](http://www.careopinion.org.uk).

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[www.royaldevon.nhs.uk](http://www.royaldevon.nhs.uk)

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