

# Dry eye

Eye Clinic

Tel: 01271 322467

## What is dry eye?

Dry eye is characterized by insufficient tears, causing dryness of

A lack of the oily component of the tears can cause an uneven covering of tears on the surface of the eye, or allow the tears to evaporate too quickly or run straight off the surface.

Your GP will be able to provide further prescriptions for the treatment prescribed for your dry eye.

Dry or smoky atmospheres may make your symptoms of dry eye worse.

## Disposal of eye drops or ointment

Most eye drops and ointments have a shelf life of one month once opened, unless otherwise specified. Please return expired medication to your pharmacist for safe disposal.

## Further information

If you have any questions or concerns please ask any member of the medical or nursing team or contact the Eye Clinic, Monday to Thursday 9am to 5pm, Friday 9am to 1pm.

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## PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email [rduh.pals-northern@nhs.net](mailto:rduh.pals-northern@nhs.net). You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

## Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

