



Following your gastroscopy and polypectomy

* with sedation +/- throat spray

* delete as necessary

Gemini Endoscopy Suite
Tel: 01271 349180

tape or computer disk, Braille, large print, high contrast, British Sign Language or translated into another language, please telephone the PALS desk on 01271 314090.

You may have been given a local anaesthetic throat spray, to numb your throat during the procedure.

You should have **nothing to eat or drink**

After your gastroscopy, if you had sedation, a responsible adult must collect you because you will be drowsy from the medication you have been given. Small amounts of sedation will remain in your body for up to 24 hours. During this period, although you may feel wide awake you will still be under the influence of the sedation. Your concentration and coordination may be impaired and you may feel light-headed or faint.

Sedation can impair your reflexes and judgement

It is for these reasons that for **24 hours after your procedure** you:

Go home and take complete rest for the remainder of the day and have a quiet day tomorrow

Must not drive a car (your car insurance is invalid for the 24 hour period)

Must not ride a motorbike or bicycle

Must not operate any machinery or electrical items, e.g. kit-3 (d-3 (r car in)-3 (tl.)-3 p)6 (p)-3 (li)4 (a

Must not sign any legally binding documents

Do not bath or shower

Must not work

What will happen after my test?

During your test, the doctor removed a polyp. There are different types of polyps, so your polyp(s) has been sent to the laboratory at North Devon District Hospital to find out what type you have.

Part of having a gastroscopy involves having some biopsies. Biopsies are not always

