

# Information for people undergoing sedation

## WHAT IS SEDATION?

Sedation is not a general anaesthetic and will not relieve pain. The sedation will make you feel relaxed.

## IS THERE ANY PREPARATION NEEDED BEFORE MY SEDATION

Do not eat for 6 hours before your appointment time but you may have water up until 2 hours before your appointment time. Please take your normal medications unless advised not to do so.

## WHAT HAPPENS DURING THE SEDATION

You will go into an anaesthetic room where you will lie down on a trolley. A plastic tube called a cannula will be inserted into a vein in the back of your hand.

The sedation will be administered through the cannula by the anaesthetist.

## WHAT HAPPENS AFTER THE PROCEDURE

You will be transferred by wheel chair back to our day case waiting room. We will offer you a drink and biscuits. You will need to stay here approximately for 1 hour before being discharged home.

## After the procedure you should be accompanied

You should make arrangements to travel home accompanied by a responsible adult in either a car or taxi. Public transport is not appropriate.

For 24 hours after procedure:

- Do not drive a car or any other vehicle including bicycles as your judgement may be impaired. Please note your insurance is invalid if you do so.

- Do not operate machinery or cooking appliances, including kettles

- Do not drink alcohol

- Do not lock the bathroom or toilet door

- Drink plenty of fluids and eat a light diet.

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

Radcliffe NHS Foundation Trust

Designed by Graphics (Print & Design), RD&E