

Patient Diary for Gynaecological Laparoscopic Surgery on the Enhanced Recovery Programme

Name:	
Date of admission:	

Were you involved as much as you wanted to be in decisions about your care and treatment?		
Yes definitely	Yes to some extent	No

About your diary

You will have been offered an information leaflet which will help you to understand the Enhanced Recovery Programme and how you can play an active part in your recovery.

At The Royal Devon & Exeter we are committed to providing a high quality service. To enable us to monitor the care we provide and to assess your experience of your stay in hospital, your recovery and progress on discharge home we would like to invite you to complete this diary.

Your diary will allow us to look at how you view your experience from the patient's perspective. The diary is designed to be completed daily recording your patient journey.

We would like to thank you for taking the time to complete this diary and welcome your comments about your stay, our service and any issues you would wish to bring to our attention.

If you require any help completing this diary please ask a member of the Nursing Team.
Please give your diary to a member of the nursing team when you are discharged.

Before you come into hospital

Date:	
-------	--

How much information about your condition or treatment was given to you?		
Not enough	The right amount	Too much

Day of surgery and what to expect

Date:	
-------	--

You will be welcomed to Wynard Ward and taken to where your bed will be on the ward. Your admitting nurse will complete any further documentation that is required and record your observations.

You will be advised about when you need to stop eating and drinking prior to surgery. If your operation is in the morning you will have been asked to have no solid food after midnight. You will be able to drink clear still fluids up to two hours before your operation. You may drink sips of water up until you go to theatre. If your operation is in the afternoon you will be asked to have no solid food after 7am. You will be able to drink clear still fluids up to two hours before your operation. You may drink sips of water up until you go to theatre.

You will be given two nutritional supplement drinks to consume at 6.30am if your surgery is in



Date of discharge:	
Time of discharge:	

We advise you to contact Wynard Ward on 01392 406512 if you experience any post-operative complications within the first seven days following discharge from hospital.

Did you feel you were involved in decisions about your discharge from hospital?			
Yes definitely	Yes to some extent	No	I did not need to be involved

Did hospital staff tell you who to contact if you were worried about your condition and treatment after you left hospital?		
Yes	No	Don't know/ can't remember

Your views

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

© Royal Devon and Exeter NHS Foundation Trust

Designed by Graphics (Print & Design), RD&E