



# **Parental information and advice following your bereavement on Special Care Unit**

## **Creating memories**

The nurse caring for you and your baby will provide you with a memory box to fill with

Should your baby need a post-mortem, this would take place in St Michael's Hospital, Bristol.

You can read more about this in the leaflet 'Deciding about a post mortem examination: information for parents'. Please ask your nurse or bereavement support worker if you would like one of these.

The post mortem results usually take 3 months to come back. You will be contacted by the consultant's secretary and offered an appointment to come and discuss the results when they have been received.

## **Funerals**

It is a requirement that your baby is buried or cremated. Take your time and discuss the options with your partner and family before deciding what arrangements you wish to make. Your choices include:

Arranging the funeral yourself

Asking a funeral director to arrange the funeral

Asking the bereavement support staff to make arrangements through a local funeral

## Useful contacts

### **Stillbirth and Neonatal Death Society (Sands)**

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## **Have your say**

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.