

# Nail surgery

(Northern Services)

## Other formats

If you need this information in another format such as audio CD,

Below is important information about your nail surgery procedure. If you have any questions, please contact the Podiatry department on **01271 341509** or email [rduh.podiatry@nhs.net](mailto:rduh.podiatry@nhs.net)

Prior to your procedure, please inform the podiatrist if any of the following apply:

1. You have had a reaction to local anaesthetic previously.
2. You are planning a holiday, sporting activities or other surgery within 4 weeks of your appointment.
3. If you are taking blood thinning medication.

The benefit of having this surgery is to relieve your pain.

The nail surgery procedure involves administering a local anaesthetic into each side of your toe to allow the toe to go numb.

### **Local anaesthetics are not advised during pregnancy or breastfeeding.**

A tourniquet is applied to the toe to temporarily reduce the blood flow during surgery. Part, or all, of the nail will be removed and a chemical is then applied to that area to stop the nail growing back.

The procedure takes about 40 minutes in total.

A large sterile dressing will be applied to your toe and you will be able to go home and rest.

After the toe has healed you will find that the appearance of this area will be altered to how it was.



