



## Advice for patients with recently implanted pacemakers

### Other formats

If you need this information in another format such as audio tape or computer disk, Braille, large print, high contrast, British Sign Language or translated into another language, please telephone the PALS desk on 01271 314090.

This leaflet is intended to help in the early recovery of people who have recently had a heart pacemaker fitted, and to answer some of the more frequently asked questions. Please note that this is general advice and some aspects may not apply to you.

The pacemaker will be fitted at the Royal Devon and Exeter (RD&E) Hospital. After discharge, follow-up care will take place at the North Devon District Hospital (NDDH).

### Contact numbers

#### RD&E Hospital

Taw Ward	01392 402836
Cardiac Physiologist	01392 406087 01392 402272

#### North Devon District Hospital

Cardiac Physiologist	01271 322475
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Opening hours: Monday to Thursday 8.30am to 5pm,  
Friday 8.30am to 4.30pm

If you need immediate attention out of these hours, please go to the Accident and Emergency.

### Aftercare

The dressing on your wound needs to stay on for 7 days.

You can shower or bath, but keep the wound area as dry as possible. Gently pat dry if it gets a little splashed.

You will have been given some spare dressings to use if needed.



## **Driving**

DVLA require you not to drive for 7 days after your procedure. This applies if you have had a new pacemaker fitted or a pacemaker battery replacement.

Driving is permitted thereafter provided there is no other disqualifying condition.

## **You**

'Care Opinion' comments forms are on all wards or online at [www.careopinion.org.uk](http://www.careopinion.org.uk).

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