

Your discharge from the Day Surgery Unit

Tel: 01271 322499

Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at rduh.pals-northern@nhs.net.

Recovery from your general anaesthetic

If you have severe pain, bleeding or any other problems you should contact your GP or, if it is within the first 24 hours after your surgery, you may return to the accident and emergency department.

It is important that you are accompanied home by a responsible adult (over 18yrs old) that will be able to stay with you for 24 hours.

Go home and take complete rest for the remainder of the day and have a quiet day tomorrow. It is not unusual to feel tired for a few days.

It is not unusual to have a sore throat after a general anaesthetic.

Do not have a bath or shower for 24 hours.

Do not drink alcohol, drive a car, operate machinery or make any important decisions for the next 24 hours (e.g. kitchen appliances, DIY tools, garden machinery, signing important documents). It is best to avoid medication that is known to make you drowsy.

Continue to take your own medications as before, unless otherwise instructed.

Recovery from your local anaesthetic

Side effects after a local anaesthetic are unusual, but you may experience some of the following:

A tingling sensation as the anaesthetic wears off.

Possibly some minor bruising at the injection site.

Bleeding or soreness at the injection site.

Numbness and weakness may continue for up to a few days, if you are concerned contact your GP.

You should report to your GP or practice nurse, if you have redness, swelling, heat

