

Paediatric Nutrition and Dietetics Patient Initiated Follow-Up (PIFU)

PIFU Direct Tel: 01271 322306 (Monday – Friday, 9am – 3pm)
Email: rduh.dietetics-northern@nhs.net (put PIFU in the subject line)

Patient-initiated follow-up (PIFU) puts you, the patient/parent/carer, in control of when you are seen by the Dietitian. It means having access to dietetic support when you need it.

If your condition is stable, you may not require frequent outpatient appointments with your

This is a quick and easy process. If you need advice or an appointment, just follow the steps below and the team will help you.

3 Easy Steps:

1. Call or email the Dietetic Admin team

PIFU direct Tel: 01271 322306 (Monday – Friday, 9am – 3pm)

Email: paediet@.dietetics@nhs.net (put PIFU in the subject line)

If you need to leave a message when you call, please leave the following information:

Your full name and date of birth

Your NHS number

A telephone number so we can call you back during our opening hours

