

There may be a sticky discharge from the eye, in the morning
your eyelids may be stuck together

One or both eyes may be affected

Your eye lids may be swollen

A feeling of something in the eye



This will depend on the cause of your conjunctivitis.

Use separate towels and face flannels

Use paper tissues instead of cloth handkerchiefs when wiping your eyes and discard after use

Do not wear an eyepad over the eye, as this will cause the infection to become worse

It is not advisable to go swimming with conjunctivitis.

Always remove contact lenses until your conjunctivitis has resolved. Replace your lenses and case, or seek advice from your contact lens practitioner.

Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

Tell us about your experience of our services. Share your feedback on the Care Opinion website www.careopinion.org.uk.

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