



## The discharge lounge (RD&E)

Patients at RD&E Wonford may be discharged to our discharge lounge, making things more convenient and comfortable for them. Situated close to the RD&E Wondford's main entrance in a tranquil space with an outdoor area, the discharge lounge offers a restful environment for patients who are waiting to go home. There's comfortable seating, snacks and drinks, and support available.

Staffed by registered nurses, the discharge lounge team care for patients as they wait to be discharged, checking that they receive their medication, ordering transport and contacting their family, friends or carer.

## Getting you home for lunch

No one wants to be in hospital for longer than they need to be and we want to ensure you can leave hospital in a timely, comfortable and well-planned way.

Once you are well enough, the best place for you to recover is in the comfort of your own home.

We will always try to get you home or transferred to our discharge lounge before lunchtime.

Getting you home for lunch:

- improves your experience and means you feel more awake at the time of discharge

- reduces unnecessary delays

- is safer and more convenient for patients/families/carers

- improves your access to other services if required (e.g. pharmacies / shops)

- helps us accommodate new patients who need to be admitted

## Checklist for discharge

- Will someone pick you up or meet you at home?

- Are your ongoing care arrangements in place?

- Do you have suitable outdoor clothing and shoes to wear?

- Do you have any medical certificates you may need?

- Do you have your hospital discharge letter for your GP?

- Do you have your medication ready to take home?

- Do you understand how and when to take your medication?

- Do you have your house keys and personal belongings?

