

# Podiatry Patient-Initiated Follow-Up (PIFU)

## Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at [rduh.pals-northern@nhs.net](mailto:rduh.pals-northern@nhs.net).

Patient-initiated follow-up (PIFU) puts you, the patient, in control of when you are seen by the podiatry department. It means spending less time attending hospital appointments, but still having access to clinical support when you need it.

PIFU enables you to make an appointment if you develop an urgent foot problem. PIFU can help you manage your own foot care with support from friends and family, and seek help from podiatry if you were to develop a foot problem.

Your podiatrist has recommended you for a PIFU appointment.

You will have been given an individual timeframe based on your foot needs. The timeframes are:

6 months

9 months

12 months

During this time, you should contact us if you have any worries or concerns with your feet. DO NOT wait until your timeframe is completed to contact us.

If your timeframe has come to an end and you have not developed any foot problems, a podiatrist will review your foot care. Following this review, we will either arrange for an appointment to see you in clinic, set another time frame or discharge you from our service, which will depend on your foot health.



There are some helpful foot healthcare information leaflets and videos on how to manage and look after your feet. These are on our website:

[www.royaldevon.nhs.uk/services/podiatry/](http://www.royaldevon.nhs.uk/services/podiatry/)

[Podiatry videos on Health and Care Videos](#)

## **PALS**

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email [rduh.pals-](mailto:rduh.pals-)