



Advice following a heart attack

Cardiac Support Services

This information will help you and your family as you recover from a heart attack.

Your cardiac rehabilitation nurse will go through anything that you do not understand or

The DVLA will contact your local hospital to arrange this. Write to the DVLA, Swansea SA99 1TU, or call them on 0300 790 6806. Visit www.gov.uk/contact-the-dvla/y/driving-and-medical-issues

The service is available Monday to Friday, 9am to 5pm.

If you need help for minor accidents or unexpected health problems, please call 111 (free of charge from landlines and mobile phones).

They can offer help if you:

- Need medical help fast but it's not a 999 emergency.
- Think you need to go to A&E or need another NHS urgent care service.
- Don't know who to call or you don't have a GP to call when you need health information or reassurance about what to do next.

Have your say