



Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at ndht.pals@nhs.net.

Do

Rest

Avoid

Crispy or chewy foods

Very small foods (e.g. peas) that could lodge in the tooth socket within the gum

Stitches

If stitches have been placed during your treatment, they should dissolve over time. They may take several weeks to dissolve completely.

Further information

If you have any concerns or questions, please telephone Exeter Dental Access Centre on 01392 405718 or Barnstaple Dental Access Centre on 01271 370562.

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

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