

Special precautions

Having an autoimmune condition could reduce your resistance to infection. We strongly advise the annual flu vaccine and the 10 yearly pneumonia vaccine.

All infections should be treated promptly. If you are aware of an infection, arrange to see your GP.

Possible side-effects

Nausea, upset stomach

Take the tablets with or after food, if possible in the evening, to reduce any stomach upset. Drink plenty of water with the tablets. The feeling of sickness usually goes away after a time as your body gets used to the treatment. If the sickness is severe, consult

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

Royal Devon University Healthcare NHS Foundation Trust
Raleigh Park, Barnstaple
Devon EX31 4JB
Tel. 01271 322577
www.royaldevon.nhs.uk